

VITAL SIGNS

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Naval Hospital, Orlando, Florida

July 1990

Navy Relief Fund Drive - over the top!

The Navy Relief Fund Drive for 1990 was of special interest to Naval Hospital Orlando. The Chairman for the Naval Training Center's Drive was one of our own ... HMI Edward J. Dulcie, USN, Credentials Coordinator, Quality Assurance Unit. Petty Officer Dulcie coordinated the efforts of the Key Persons of 26 commands to bring this year's drive to a successful conclusion. This year's goal was \$200,000 which was not only reached, it was exceeded with the grand total of \$223,720.93.



Payday for Navy Relief was held on 2 July. RADM Louise Wilmot, USN, Commander, Naval Training Center, presented a check in the amount of \$223,720.93 to Mrs. Greta Cheatham, Executive Director, Navy Relief Orlando Auxiliary. Present for the ceremony were CAPT N. C. Davis, USN, NTC Chief of Staff; Petty Officer Dulcie; and Mr. Lee Harris, Family Service Center, who was the Treasurer for the Drive.

Naval Hospital Orlando's contribution was \$9,310.80 which represented 110.5% of our goal. One of the fund raisers sponsored by NHO was the 5K Run and Health Fair which was held on 9 June. If the runner's registered prior to the 9th, they paid \$8, but if they waited until the day of the race to register, it cost them \$10. Participants came from all over Orlando.

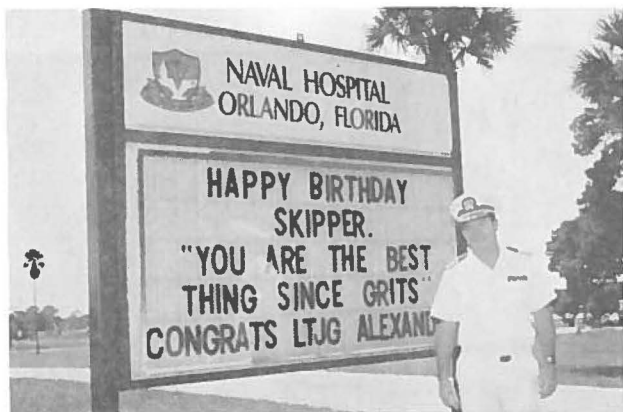


Photo by Mrs. Clyde King

CAPT J. M. Ricciardi, MC, USN, Executive Officer, presented the medals to the winners of the 5K Run. Pictured above is LT James R. Christian, CHC, USN, who received a medal for having the best time for his age group.

New Ensigns

6 July was a big day for the Navy Nurse Corps ... CDR Carole L. Chick, NC, USN, Head, Inpatient Nursing Department, administered the Oath of Office to three brand new graduates of the University of Central Florida. Taking the oath to become Ensigns, Navy Nurse Corps, were: Cynthia Carpenter, Tracy Sherrod, and Thomas Leonard, who has been a co-op student at this hospital. ENS Leonard will be assigned here and Ensigns Carpenter and Sherrod will be assigned to Naval Hospital Portsmouth.

Happy Birthday

What a birthday card! When CAPT McKee came to work on the 29th, he received a surprise ... the marquee had a wish for a Happy Birthday and a message saying he was the "best thing since grits!" There were some staff members on hand, too, and they "ballooned" his truck.

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American Red Cross

Volunteer hours for June -

1,895

New NHO Co-Chairman

Mrs. Berylene Hoffman has been appointed as the Co-Chairman of Naval Hospital Orlando's American Red Cross Volunteers. Mrs. Hoffman has accumulated 38 years of volunteer service with the American Red Cross and has been an NHO volunteer since May 1986.

Hospital Corps Ball

Photo by HM2 Timothy Bryan, USN

Naval Hospital Orlando celebrated the 92nd Hospital Corps birthday in grand style with a dinner/dance at the Omni Hotel on Saturday, 9 June. As part of the celebration, they had the official cake cutting ceremony. In keeping with tradition, the participants were the most senior Hospital Corpsman, HMCM H. T. Carley, USN, Command Master Chief, and HN Michael S. Salyers, USN, Internal Medicine Department, the most junior Hospital Corpsman.



Vital
Signs

STETH-O-SCOOP



What's been your biggest challenge?



Mrs. Pat Francis, Word Processing: "Raising my children, Terri, now 21, and Steven, 15. Plus my dog, Susette, age 5!"



HM3 Leah Butler, Internal Medicine: "I've got one right now! I want to be an RN - I just have to make up my mind whether it will be in the civilian world or the Navy. I'm leaning toward the Navy, though!"



LCDR James E. Pope, CHC, Pastoral Care: "Doing a year of post-graduate work at Duke University. I'm glad I did it, but I wouldn't want to go through it again!"



HA Sean Kempf, Pediatric Clinic: "I'm facing it now! I am the one and only male in this entire Clinic!"



HMCS Mark Winston, Manpower Management Dept: "My biggest challenge in the Navy has been to convince those in charge of personnel assets to better utilize their personnel assets vice spending time trying to obtain additional personnel assets."



LT Cheryl A. Rossi, MSC, Lab: "In layman terms ... trying to do a test for aspirin without any reagents at 0200 for the ER. I went to the Chemistry Lab and created my own.... got the test done."

Staff Journal

15 June happenings

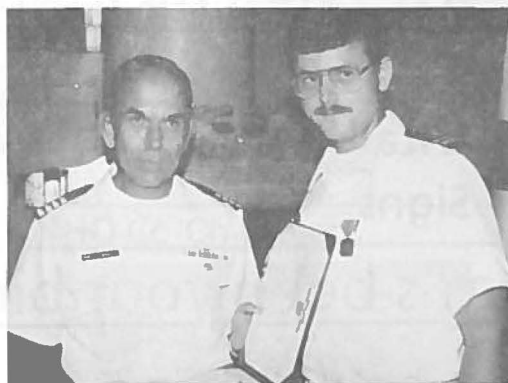


CAPT George G. Telesh, MC, USN, Chief of Medical Staff, received the Meritorious Service Medal for his meritorious service as Director of Surgical Services, while simultaneously carrying out the duties of the Head, Orthopedic Department. CAPT McKee made the presentation.



LT Nancy Z. Tapp, NC, USN, Surgical Clinic, received the Navy Achievement Medal for her professional achievement while serving as Staff Nurse and Division Officer at U. S. Naval Hospital, Roosevelt Roads, PR. CAPT McKee presented.

HM2 Timothy A. Bryan, USN, Medical Equipment Repair Division, received the Navy Achievement Medal for his professional achievement while serving as NHO's Recycling Coordinator. CAPT McKee made the presentation.

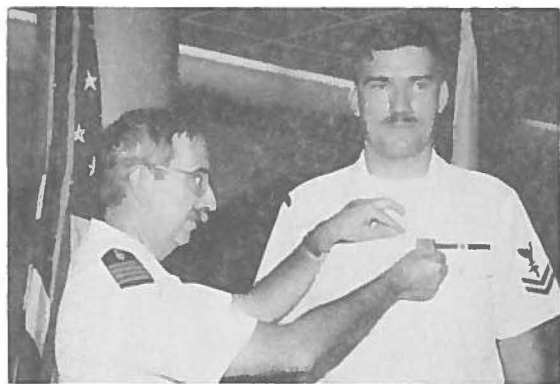


LT David A. Petersen, MC, USNR, Branch Medical Clinic, NTC, received the Navy Achievement Medal for his professional achievement in the superior performance of his duties at Branch Medical Clinic, NTC. CAPT Beil, Director, made the presentation.



SK3 Stephen A. VanGundy, USN, Manpower Management Department, received the Navy Achievement Medal for his professional achievement in the superior performance of his duties as TAD Travel Desk Coordinator. ENS Daniel S. Alexander, MSC, USN, Fiscal Department, made the presentation.





HM2 Kenneth A. Payne, USN, Surgical Clinic, received the Navy Achievement Medal for his professional achievement during his tenure as Leading Petty Officer of the Surgery Clinic. CAPT Robert K. Daniels, Jr., MC, USN, department head, presented.



HM3 Mario F. M. Baldoni, USN, Nursing Services, received a Letter of Commendation for his outstanding performance while assigned to the Psychiatric Ward. Petty Officer Baldoni was released from active duty.



LT Robert L. Craig, MC, USNR, Branch Medical Clinic, NTC, received a Letter of Commendation from CAPT McKee. LT Craig has been released from active duty.



HM1 Denise A. Hart, USN, Laboratory Department, received a Letter of Commendation from CAPT McKee as she prepared to transfer to the Academy of Health Sciences, Fort Sam Houston, TX.



HM2 Jesus J. Yanez, USN, Laboratory Department, received a Letter of Commendation from CAPT McKee as he departed the command for duty at U. S. Naval Hospital, Rota, Spain.



Dr. Anthony Tabacco, Radiology Department, received his 20-year Career Service Award from CAPT McKee.



CAPT McKee presented a Letter of Commendation to Mrs. Pat Dicus to commend her for her fifteen years of service as the Chairman of the American Red Cross Volunteers at NHO. Mrs. Dicus has resigned ... we think you can find her on the golf course!



HM2 Louis M. Savoie, USN, Health Benefits Office, reenlisted. His reenlistment officer was LT Ronald L. Williams, Sr., NC, USN, Emergency Medicine Department. Petty Officer Savoie's wife, Diana, was on hand for the ceremony and received a Certificate of Appreciation.



HMI Patrick M. Gillen, USN, Branch Medical Clinic, NTC Annex, reenlisted at the Annex with CDR Joseph Pennino, USN, Officer in Charge of Recruiting Detachment Four, serving as reenlistment officer.



HM2 Richard A. Skidgel, USN, RIF Optical, reenlisted with CAPT J. A. Beil, MSC, USN, Director of the Branch Medical Clinic, NTC, serving as reenlistment officer.

Nursing Services promotions on the 15th



LTJG David A. Farmer, NC, USNR, received his new shoulder boards from his wife, Brenda, and CAPT (Select) Lawrence G. Scheve, NC, USN.



LTJG Margaret M. McGinty, NC, USNR, had her two daughters place her new shoulder boards. Melissa on the left and Kristina on the right.



LTJG Teresa A. Lillard, NC, USNR, chose LT Nelson J. Riosplaza, NC, USN, and LT Nelfaluz F. Sermonia, NC, USNR, to add her new shoulder boards.



LTJG Joseph S. Myers, MSC, USN, received his promotion on the 18th. On hand to help him with his shoulder boards were his parents, CAPT and Mrs. Joseph Myers, MC, USN (Ret).



On 20 June, LCDR Erik C. Walker, MC, USNR, received the Navy Commendation Medal for his meritorious service while assigned as the Head, Family Practice Department. CAPT McKee made the presentation as LCDR Walker was released from active duty.

On the 22nd, NHO had four new Petty Officers First Class and five new Petty Officers Second Class.



With CAPT McKee, the new E-6's were (from left to right): HM1 Sheila J. Moseley, Manpower Management Department; YN1 Paul E. O'Bannon, Manpower Management Department; and HM1 Jose L. Medina, Staff Education and Training Department. Not present for the picture was HM1 Mark R. Weaver, Medical Equipment Division.



The new E-5's with CAPT McKee are (from left to right): HM2 David A. Jordan, Ophthalmology Department; HM2 Orville W. Davis, Dermatology Department; and HM2 Kenneth B. Perkins, Nursing Services. Not present for the picture was HM2 Brian A. Forbes, Pharmacy Department.



And last, but certainly not least, MS2 Rufus L. Milton, Food Service Department, was our fifth new Petty Officer Second Class.



CAPT J. M. Ricciardi, MC, USN, Executive Officer, administered the Oath of Office to ENS Anastasia Valenzuela on 26 June. ENS Valenzuela was sworn into the Navy and will now attend the Uniformed Services University of Health Sciences, Bethesda, Maryland, where she will study to become a Doctor.



LT Lee A. Powell, NC, USNR-R, Nursing Services, received the Navy Achievement Medal on 27 June. LT Powell was commended for her professional achievement in the superior performance of her duties on the Medical/Surgical/Pediatric Ward during her Active Duty for Special Work assignment.



LCDR Rion J. Forconi, MC, USN, chose 27 June for his promotion day. Helping to put those new Commander shoulder boards on were his wife, Arlene, and his daughter, Lauren.



LT James R. Christian, CHC, USN, was commended by CAPT McKee on 27 June for his outstanding performance during his tenure as our Hospital Chaplain. Chaplain Christian has been transferred to the U. S. Naval Base, Guantanamo Bay, Cuba.



LTJG Judith E. Hernandez, NC, USNR, Emergency Medicine Department, departed the command for duty at the U. S. Naval Hospital, Guantanamo Bay, Cuba, on 28 June. LTJG Hernandez received a Letter of Commendation from CAPT McKee and a Hospital plaque and Hospital Pictorial Board from LCDR George M. Scott, NC, USN, Charge Nurse of the ER.



HM1 Kimberly A. Ransom, USN, Quality Assurance Unit, reenlisted in the Navy on 22 June. The reenlistment took place out front under the palms and CAPT McKee served as reenlistment officer.



ENS Ester P. Mack, MSC, USN, Alcohol Rehabilitation Department, received her commission on 28 June. Assisting her with her new shoulder boards were LT Elizabeth A. Parr, NC, USN, and ENS Mack's father, Mr. Gino Perini, of Melbourne.



On 28 June, CAPT McKee frocked two additional petty officers: HM3 Todd McGee, Ophthalmology Department, and MS2 Rhonda L. Shacklett, Food Service Department. Petty Officer McGee's wife, Bobbi, attended the ceremony.



HM3 Armando D. Guerrero, USN Nursing Services, received a Letter of Commendation and a Hospital plaque from CAPT B. K. Clinton, NC, USN, Director for Nursing Services, on 29 June. Petty Officer Guerrero has been transferred to the Naval School of Health Sciences, Bethesda, MD.



HM2 Charles Byrn, USN, Staff Education and Training Department, was reenlisted on 29 June. His reenlistment officer was LCDR Maureen F. McAvoy, NC, USN, his department head.



LTJG Daniel S. Alexander, MSC, USN, was administered the oath of office for his new rank on 29 June. His father, Mr. William D. Alexander, was present to help with the new shoulder boards.



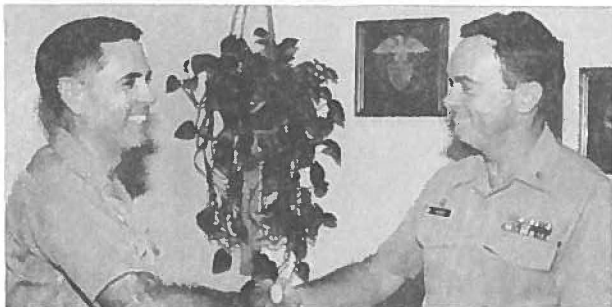
29 June was trophy day ... the Captains of three NHO teams met with CAPT McKee to present their contributions to the NHO trophy case. HMC Gerald Collis presented the Commander's Cup First Place trophy for NHO's Bowling Team; HM2 Editha Ruiz-Imperial presented Commander's Cup First Place trophy for NHO's Tennis Team; and HM1 Debra A. Mortland, presented the Commander's Cup Second Place trophy for NHO's Swimming Team.



MS2 Marvin L. Woodard, USN, Food Service Department, received a Letter of Commendation on 2 July for his outstanding performance of duty. Petty Officer Woodard has been transferred to VFS-131, Naval Air Station, Cecil Field, FL.



On 9 July, our newest group of EMT's completed their training. Left to right, front row: HA Scott M. Whitmer, USN, and SPC Michael Groom, USA. Back row: Class Coordinator, HM3 Victoria S. Heston-Giron, USN; HN Stephen M. Robinson, USN; HA Diana L. Milton, USN; HM2 Michael P. Kautzman USN; and LCDR Maureen F. McAvoy, NC, USN, Head, Staff Education and Training.



9 July was the day to say farewell to a shipmate ... CAPT Jay S. Smith, MC, USN, Head, Pediatrics Department, departed NHO for his new duty station at Naval Hospital, Whidbey Island, Oak Harbor, WA. CAPT Smith was commended by CAPT McKee for his outstanding performance of duty.



CHAPLAIN'S COMMENTS

LCDR James E. Pope, CHC, USN

"Hello and good bye"

...such ordinary expressions; we use them daily, with little thought given to their impact. Then comes a time when they seem to have particular power and become surrounded by strong emotions. You don't have to be William Shakespeare to know that "parting is such sweet sorrow." It was hard to say "good bye" to Chaplain Jim Christian. He was your friend, your colleague, and your pastor. It was difficult for him to say "good bye," too. As he showed me around the hospital and introduced me to many of you, I sensed your sadness at his leaving. At the same time, however, you made me feel welcome. Thank you.

For the past two years, I had the privilege of serving as Chaplain for recruits and students on the other side of Lake Baldwin. It was tough to leave, but it has been great to arrive. When I meet you for the first time, after we've exchanged introductions, I generally ask two questions: "Where are you from?" and "Will you tell me a little about yourself?" I hope you don't find that to be inconsiderate. It is just my way of getting to know you as quickly as possible. I suppose it would be fair to provide the same information to you: I am from North Carolina (born in Clinton and grew up in Greensboro). I am married. Judy and I have a son, John, age 21, and two daughters, Jennifer and Leslie, ages 18 and 17. I am a Southern Baptist clergyman and have been an active duty Navy Chaplain for 10 years. When not in uniform, I am most comfortable in cut-off jeans and a Duke T-Shirt. I like to fish a little and play a little golf; when I do, I usually wear a Duke ball cap. Get the picture?

You've been kind in welcoming me aboard. I appreciate that. I am pleased to be your Chaplain and anticipate becoming your friend. May God's blessings continue to be yours.

Departments - the "heart" of our quality care

June Spotlight: Pediatrics Department

By HM2 Penni M. Jordan, USN

The Pediatric Clinic provides care for dependent children, from the ages of newborn to their 16th birthday, for Active Duty and Retired personnel. Infants and children are routinely seen for their "Well Baby" check-ups, and older children for their physicals. These appointments usually include those dreaded immunizations. The Clinic has some "same day" appointments for those children who wake up sick and need to be seen by a healthcare provider that day. Children are also seen for "Attention Deficit Disorder," questionable rashes, follow-ups for infection (i.e. ear, pneumonia), or any other medical psychosocial problems they may have.

In addition to Immunizations, the Pediatric Clinic also does Circumcisions on infants six weeks and younger if they were not circumcised as inpatients. Asthma updraft treatments are given to patients by the Nurse or the corpsmen. Lab work is drawn and IV's are started by the nurse or the physicians on patients who are being admitted to the hospital from the Clinic. Minor skin procedures are also done.

The Pediatric Clinic Providers, all Pediatricians, are: CAPT Jay S. Smith, MC, USN, (department head detached 10 July); LCDR Noreen Keating, MC, USNR, new department head; LCDR Teresita Mendoza, MC, USNR; LCDR Graciela Martinez-Gray, MC, USNR; and LT Christine Otruba, MC, USNR. LCDR Sandra Okatan-Rosa is the Pediatric Nurse Practitioner. The rest of the staff includes: Mrs. Barbara Fockler, RN; HM2 Penni Jordan, USN, Leading Petty Officer; HM3 Shelly Frederick, USN; HA Sean Kempf, USN; HA Erica Olsovsky, USN; Mrs. Marie Willis, Appointment Clerk; and Mrs. Denise Stephens, Receptionist.

In 1989, the Pediatric Clinic saw 11,927 children for appointments and 4,057 immunizations were given. Since January 1990, 2,372 immunizations have been given, and 7,387 children have been seen for appointments. As you can see, the Pediatric Clinic is growing more and more everyday.

Medline

By LTJG J. S. Myers, MSC, USNR

The Medical Library at Naval Hospital Orlando has recently introduced a new resource of information for our healthcare providers. It is entitled "Medline" and is the world's foremost bibliographical database of medical information. It draws on resources going back over 20 years and covers 3,500 journals. Available from the National Library of Medicine, Medline's database includes citations to about 6 million articles dating from 1966 to present. While many databases have the problem of containing articles written in languages other than English (which can present obvious problems), Medline has 80% of citations in the current file referring to English language items. A healthcare provider can locate articles on virtually every topic in medicine simply and quickly and can print citations on the printer or have them printed overnight at the National Library of Medicine and mailed to him/her the next day. This is an outstanding resource and I encourage you to use it to your advantage. Should you have any questions on Medline, please contact Mrs. Toole at X4959 or LTJG Myers, X4955 or X4956.



"The Pulse"



CAPT R. E. McKee, MSC, USN



Underway



HMCM H. T. Carley, USN

Happy 43rd Birthday, MSC's!

The Medical Service Corps is the most highly diversified corps within the Medical Department and, in Naval Hospital Orlando, we have twelve of the different specialties serving with the health care team.

The need for a Medical Service Corps was recognized after World War II when there was a real concern that the ongoing demobilization would leave the Navy Medical Department no permanent base of administrative and allied health professional experience. The need for commissioned officers who were skilled medical administrators, had been well documented -- the experience gained early in World War II demonstrated the same need for officers that were equally skilled in the practice of sciences allied to medicine.

The end result today is that there are 2,964 Medical Service Corps Officers on active duty today contributing in health care administrative positions and specialties of science and clinical professions. Clinical psychologists, social workers, dietitians, optometrists, physical therapists, podiatrists, medical technologists, pharmacists, radiation health officers, audiologists, environmental health officers, patient administration officers, fiscal and supply, and others in a variety of administrative support roles. NHO salutes the MSC's: "You complement the health care team in innumerable ways and we just simply couldn't get the job done without you!"



Make the difference!

The most difficult part of my job is finding a variety of volunteers. It always seems to be the same people who volunteer for everything. Yes, we have DT1 Jones who will sell us a ticket to his own funeral; or we have HM2 Bradley, whose head is full of ideas for making money; and then there is HM2 Bryan, whose supervisor finally put him on "PMs" so that the Master Chief could not assign him another special project. We also have DT3 Pittenger, who when it comes to volunteerism, fulfills the Surgeon General's motto: "Standing by to Assist." We also have HM1 Krug, who has found out that leading a youth organization is not just all fun and candy; and HMC Dubaz -- if volunteering to organize a command function was all it took to make Senior Chief, he would be the most senior Senior Chief around and he would probably be telling ME what to do. There is HM1 Tompkins who really gets the spirit around Christmas time with his Project Uplift; and then there is HM1 Mortland, who has started her Recruiting Duty early by selling Navy Medicine to the students at the local schools. Then we have Master Chief Vaughn who has organized a play ground and now has written so many awards for others, he should be written up in the Guinness Book of Records. And I would certainly be remiss if I didn't mention our Galley crew ... they are the first to heat up the grills or bake a beautiful cake for our special occasions.

On the bulletin board outside my office, is a list of organizations and/or projects needing volunteers. Sign up! Also, if you have done any volunteer work during this past year, let HM1 Pagunsan (X-4074) or HMCS Lowry (X-4957) know. The Commodore's Star Award recognizes individuals who have performed outstanding volunteer service. MAKE THE DIFFERENCE -- JOIN THE VOLUNTEER CONNECTION!